

CASE STUDY: PARKVILLE COLLEGE

WHAT WAS THE OBJECTIVE?

After some pre-work with this team to understand their pain points, we developed an interactive workshop with strategies and activities designed to improve the areas they identified. The objective was to develop the strengths of individual team members, proactively manage areas of weakness, and improve productivity.

HOW DID WE DO IT?

We issued a Typeform survey to collect data and identify common threads from team members. Based on their responses, we delivered a five-hour workshop that was a good balance between knowledge delivery, hands-on activities and reflection to appeal to different personalities. This would

be supported by 1:1 coaching so individuals could express concerns privately and be given individualised strategies to work for them. We also curated a range of support resources to complete the package.

HOW WAS IT INTEGRATED AND WHAT WERE THE RESULTS?

Coaching support assisted individuals to transfer knowledge from the workshop into everyday work practice. A curated set of resources for every team member based on their identified 'area of improvement' was also provided. These resources were both practical and useful, identifying strategies and tools to use in the workplace for enhanced performance.



Key takeaways

1. Mono-task and fully commit to whatever it is you're working on
2. Strategise when it comes to time management and prioritising
3. Use mindfulness techniques to stay focused and to re-energise
4. Observe your communication style and aim for openness with the team
5. Innovate by trying out different tools and tech to find what works

